

CGT Championship 2014

Age Group Results

Olympic Event

Race Date
February 09, 2014

Female 20 to 24

Place			Swim		Trans 1	Bike		Trans 2	Run		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	12	LAUREN DANCE	1	22:26	0:34	1	1:05:41	0:26	1	42:16	2:11:26
2	32	SAMANTHA	4	25:00	0:59	2	1:08:07	1:04	2	44:35	2:19:48
3	81	BRONWYN GORDON	3	24:38	0:35	4	1:17:58	0:36	3	49:19	2:33:08
4	116	NADIA PACKHAM-THIESSEN	5	28:49	1:10	3	1:13:51	1:28	4	57:02	2:42:23
5	118	JESSICA DIGNON	2	22:53	1:05	5	1:19:30	1:09	5	58:12	2:42:51

Female 25 to 29

Place			Swim		Trans 1	Bike		Trans 2	Run		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	22	CORINNE BERG	1	22:15	0:29	2	1:09:59	0:37	2	42:37	2:16:00
2	62	CLAUDIA HAZELWOOD	5	27:21	0:48	1	1:09:51	0:59	3	48:46	2:27:46
3	84	KEREN ROBERTSON	2	23:40	1:07	4	1:17:43	0:57	4	50:15	2:33:44
4	93	TONI SNOXELL	8	31:30	1:11	5	1:19:58	0:48	1	42:03	2:35:31
5	112	CHANA-LEE PRESTON	7	29:48	1:35	3	1:14:51	0:54	6	54:32	2:41:42
6	126	LEIGH MAARSCHALK	4	24:54	1:34	6	1:23:24	0:57	5	54:09	2:44:58
7	135	JESSICA TAYLOR	3	24:42	1:17	8	1:24:46	1:08	7	56:16	2:48:11
8	160	MONICA FERREIRA	6	28:09	2:11	7	1:24:30	1:55	9	1:01:44	2:58:32
9	175	ROBYN LOUW	9	34:43	1:47	9	1:27:27	1:14	8	1:00:51	3:06:05

Female 30 to 34

Place			Swim		Trans 1	Bike		Trans 2	Run		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	41	LIZANNE MACKENZIE	1	24:05	0:51	1	1:12:21	1:01	1	43:32	2:21:53

CGT Championship 2014

Age Group Results

Olympic Event

Race Date

February 09, 2014

Female 30 to 34

Place			Swim	Trans 1	Bike	Trans 2	Run	Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u> <u>Time</u>	<u>Time</u>	<u>Rnk</u> <u>Time</u>	<u>Time</u>	<u>Rnk</u> <u>Time</u>	<u>Time</u>
2	75	ROXANNE SMITH	2 25:35	0:42	2 1:14:29	1:01	2 48:56	2:30:44
3	101	CARRI-ANN BOTHA	3 25:36	0:47	3 1:17:20	0:56	3 54:11	2:38:51
DNF	DNF	MICHELLE JEAN WILLIAMS	4 33:36	5:56				

Female 35 to 39

Place			Swim	Trans 1	Bike	Trans 2	Run	Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u> <u>Time</u>	<u>Time</u>	<u>Rnk</u> <u>Time</u>	<u>Time</u>	<u>Rnk</u> <u>Time</u>	<u>Time</u>
1	31	CAROLINE KOLL	1 23:27	0:28	2 1:13:57	0:31	1 41:13	2:19:37
2	78	TERRY-LYNN MCINTOSH	3 29:13	1:11	1 1:09:21	0:50	3 50:55	2:31:32
3	111	NATALIE VAN BLERK	4 30:43	1:41	5 1:18:36	2:01	2 48:06	2:41:09
4	133	WENDY VENTER	5 33:42	1:41	3 1:17:58	0:56	4 53:11	2:47:30
5	139	CHRISTINE BARROW	2 27:02	1:27	6 1:22:15	2:02	6 56:45	2:49:33
6	147	JULIET MORGAN	6 34:44	2:24	4 1:18:08	1:40	5 56:11	2:53:09

Female 40 to 44

Place			Swim	Trans 1	Bike	Trans 2	Run	Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u> <u>Time</u>	<u>Time</u>	<u>Rnk</u> <u>Time</u>	<u>Time</u>	<u>Rnk</u> <u>Time</u>	<u>Time</u>
1	87	ALISON LAILVAUX	2 28:48	1:00	2 1:14:56	0:41	2 48:36	2:34:03
2	99	CLAIR MOREY	1 24:55	2:32	5 1:21:52	1:24	1 47:10	2:37:54
3	106	LELANI JOUBERT	3 32:54	1:40	1 1:14:35	1:25	3 49:59	2:40:36
4	137	PETRONELLA HERM	4 33:25	0:48	3 1:17:59	1:26	4 55:17	2:48:58
5	158	NIKKI DAVIES	5 34:04	2:00	6 1:22:16	1:35	5 58:26	2:58:23
6	165	BELINDA BERRY	7 36:20	2:01	4 1:21:13	1:44	6 59:46	3:01:06

CGT Championship 2014

Age Group Results

Olympic Event

Race Date

February 09, 2014

Female 40 to 44

Place			----- Swim -----		Trans 1	----- Bike -----		Trans 2	----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
7	183	EMILY HANKEY	8	37:12	2:22	7	1:28:40	1:23	7	1:07:48	3:17:27
DNF	DNF	TESSA SHELLARD	6	35:02	1:07						

Female 45 to 49

Place			----- Swim -----		Trans 1	----- Bike -----		Trans 2	----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	25	KIM DOVEY	1	22:10	0:39	1	1:07:02	0:43	2	46:14	2:16:50
2	70	DESIREE DICKINSON	4	28:40	1:16	2	1:10:30	0:49	4	48:16	2:29:32
3	76	JACQUELINE PITT	3	28:37	0:44	3	1:14:48	1:06	1	45:27	2:30:44
4	83	TERRY SWAIT	2	24:53	1:08	6	1:19:05	1:00	3	47:31	2:33:39
5	120	SANTIE VAN DER MERWE	7	33:33	1:36	4	1:14:53	1:27	5	51:30	2:43:00
6	136	NICOLA BESWICK	5	30:44	1:31	5	1:18:33	1:51	6	56:14	2:48:56
7	161	EMMA-LOUISE MORISSE	8	34:48	2:01	7	1:20:18	2:33	7	58:51	2:58:33
8	181	ALEXANDRA HILL	6	31:19	2:34	8	1:24:32	1:20	8	1:12:44	3:12:32

Female 50 to 54

Place			----- Swim -----		Trans 1	----- Bike -----		Trans 2	----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	153	ESTELLE VILJOEN	1	34:14	2:14	2	1:23:45	1:59	1	53:30	2:55:43
2	167	DEBORAH QUINN	3	39:22	2:55	1	1:20:12	2:07	2	57:32	3:02:10
3	186	DEBORAH FRITTELLI	2	39:04	2:18	3	1:27:26	2:17	3	1:13:29	3:24:35

Race Date
February 09, 2014

CGT Championship 2014
Age Group Results
Olympic Event

Female 55 to 59

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	176	JAYNE SHUNN	1	33:39	1:53	1	1:19:13	1:27	1	1:10:33	3:06:48

Female 60 to 64

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	185	SHARON BALL	1	31:56	2:30	1	1:28:52	1:48	1	1:17:26	3:22:33

Female 65 to 69

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	187	NORAH DOHERTY	1	43:22	5:18	1	1:41:15	3:07	1	1:06:08	3:39:12

CGT Championship 2014

Age Group Results**Olympic Event**Race Date

February 09, 2014

Male 20 to 24

Place			----- Swim -----		Trans 1	----- Bike -----		Trans 2	----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	27	MICHAEL SIMPSON	4	25:35	1:15	1	1:06:35	1:21	1	42:48	2:17:37
2	33	BRETT ROSSOUW	2	22:43	0:34	2	1:09:07	0:54	2	46:30	2:19:50
3	46	PAUL SCHAERER	3	23:57	0:52	4	1:11:17	0:36	3	47:36	2:24:20
4	119	ALEX SFARNAS	5	28:00	0:52	3	1:10:35	1:38	4	1:01:49	2:42:57
5	146	LYALL PIVO	6	28:12	1:51	5	1:17:51	1:39	5	1:03:09	2:52:45
DNF	DNF	KYLE PHILIP COULSON	1	19:52	0:26						

Male 25 to 29

Place			----- Swim -----		Trans 1	----- Bike -----		Trans 2	----- Run -----		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	1	TRAVIS JOHNSTON	1	19:59	0:21	1	56:49	0:35	1	36:30	1:54:17
2	2	JEREN SEEGER	2	20:07	0:32	3	1:00:19	0:29	3	37:19	1:58:48
3	3	CASPER MOODIE	6	23:03	0:26	2	58:26	0:29	4	40:05	2:02:31
4	4	JONATHAN ABRIE DE	3	21:21	0:26	10	1:06:29	0:40	2	36:31	2:05:29
5	10	GRANT WILESMITH	8	23:47	0:37	6	1:04:29	0:40	6	41:07	2:10:42
6	19	NIC OLSEN	4	21:44	1:26	7	1:05:14	1:05	10	45:48	2:15:18
7	23	JASON BOOIJ	9	23:51	0:37	5	1:04:26	0:39	12	46:49	2:16:25
8	24	BRYCE HENNESSY	11	25:09	0:32	4	1:02:38	0:49	16	47:37	2:16:47
9	29	JANESH GANDA	13	26:15	1:20	11	1:08:32	0:59	7	41:57	2:19:05
10	35	MATTHEW FRANZSEN	12	26:13	0:46	9	1:05:42	0:47	13	46:55	2:20:25
11	48	BHAVIK GANDA	22	32:22	1:02	14	1:09:56	0:51	5	40:20	2:24:34
12	56	BRAD ROSENTHAL	10	24:50	1:27	23	1:15:30	1:15	8	43:13	2:26:18
13	64	DAMIAN MURPHY	23	32:31	1:01	8	1:05:41	1:16	17	47:44	2:28:14
14	65	ARIEL ZADIKOV	15	27:28	1:40	18	1:12:11	1:22	9	45:32	2:28:15
15	66	ROBERT BLAKE	14	26:16	1:21	19	1:12:25	0:57	14	47:33	2:28:33

Race Date
February 09, 2014

CGT Championship 2014

Age Group Results

Olympic Event

Male 25 to 29

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
16	69	JUSTIN JANSEN VAN	7	23:28	1:12	16	1:10:50	1:22	21	52:30	2:29:24
17	79	RICCARDO OPEKA	19	29:59	1:56	17	1:11:20	1:34	11	46:49	2:31:39
18	82	JACOB JOHANNES KRUGER	20	31:02	1:25	15	1:10:05	0:48	19	49:55	2:33:17
19	85	JONTY SACKS	24	32:42	2:03	12	1:09:14	1:29	18	48:19	2:33:48
20	89	TODD HUSSEY	17	29:46	0:51	22	1:14:26	1:41	15	47:36	2:34:21
21	94	WARREN JANSEN VAN	5	22:06	1:25	26	1:18:30	0:59	23	52:54	2:35:55
22	100	TIM PRICE	25	32:55	0:48	20	1:12:45	1:15	20	51:05	2:38:51
23	124	SHAUN BENNIE	21	31:28	1:25	25	1:16:30	1:33	22	52:52	2:43:49
24	130	IVAN GIURICICH	18	29:53	2:08	24	1:15:53	2:01	24	55:52	2:45:49
25	169	HANNES VAN DER	26	36:30	0:53	21	1:14:11	1:19	25	1:09:29	3:02:23
DNF	DNF	ANDREW HAAS	16	29:02	1:05	13	1:09:39	1:15			
DNF	DNF	SCHALK VAN HEERDEN	27	37:34	1:08						

Male 30 to 34

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	5	COBUS (JACOBUS)	1	19:59	0:23	4	1:03:57	0:39	4	41:32	2:06:32
2	6	GUY CLOSE	3	22:10	0:39	3	1:03:08	0:41	5	41:38	2:08:17
3	8	CHRISTOPHER LOUW	7	23:50	0:38	2	1:02:47	0:34	3	41:07	2:08:58
4	9	JAMES VILES	13	27:50	0:44	1	1:01:59	0:44	2	38:39	2:09:59
5	15	TRAVIS KRUGER	6	23:15	0:39	9	1:06:39	0:37	6	42:00	2:13:12
6	17	JOSIAH RUDOLPH	5	22:37	0:35	7	1:05:40	0:40	8	44:27	2:14:01
7	38	TYRONE METZER	15	27:59	1:16	5	1:04:16	1:08	10	45:59	2:20:41
8	39	SHAWN VAN DER MEULEN	12	26:20	0:41	11	1:08:12	0:49	9	44:46	2:20:51
9	43	TERTIUS GUBBELS	29	37:06	2:21	6	1:04:49	2:45	1	35:25	2:22:28

Race Date
February 09, 2014

CGT Championship 2014

Age Group Results

Olympic Event

Male 30 to 34

Place			Swim	Trans 1	Bike	Trans 2	Run	Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u> <u>Time</u>	<u>Time</u>	<u>Rnk</u> <u>Time</u>	<u>Time</u>	<u>Rnk</u> <u>Time</u>	<u>Time</u>
10	45	KEGAN MURPHY	2 21:58	1:21	15 1:10:15	0:49	15 49:28	2:23:53
11	47	SIMON MORGAN	10 26:00	1:16	8 1:06:22	0:53	16 49:54	2:24:27
12	49	BAREND MORKEL	11 26:06	1:51	12 1:09:30	1:14	11 46:09	2:24:52
13	71	RYAN HABIB	14 27:59	1:37	16 1:11:12	1:04	13 48:15	2:30:10
14	72	ADAM FLEKSER	18 29:46	2:42	20 1:14:15	1:28	7 42:19	2:30:31
15	73	JACO MULLER	21 32:26	1:16	10 1:07:20	1:05	14 48:32	2:30:41
16	88	CHARL HARTWIG	9 25:53	1:18	19 1:14:06	1:24	19 51:32	2:34:16
17	95	DARREN FURZE PHILLIPS	23 32:32	1:26	14 1:10:15	1:04	18 50:41	2:35:59
18	96	KYLE BULKIN	4 22:17	1:09	17 1:13:13	1:05	26 58:49	2:36:35
19	104	JAKE HODDINOTT	8 25:25	4:05	25 1:20:29	1:04	12 48:15	2:39:20
20	115	KENNETH MACKENZIE	30 37:28	1:32	13 1:09:57	1:32	20 51:42	2:42:14
21	122	MATTHEW KASSEL	25 32:42	3:38	22 1:14:42	1:49	17 50:40	2:43:34
22	127	EUGENE TONDOLO	16 29:24	1:41	21 1:14:26	1:16	25 58:26	2:45:15
23	134	NICOLAS KORFF	27 33:51	1:26	18 1:14:00	1:13	22 57:32	2:48:04
24	148	GERRIE GROBLER	17 29:39	2:06	23 1:14:53	1:29	29 1:05:05	2:53:14
25	151	BEVAN WILLIAMS	24 32:36	2:55	24 1:18:49	2:09	24 57:55	2:54:26
26	152	MICHAEL SHUTTLEWORTH	22 32:30	2:16	26 1:20:47	1:50	23 57:35	2:55:01
27	163	CHARL ROSSOUW	19 31:11	2:17	27 1:21:03	1:36	28 1:03:33	2:59:41
28	164	PHILIP CRONJE	31 41:00	3:11	28 1:21:33	1:44	21 53:34	3:01:04
29	168	RICKUS LUBBE	20 32:03	1:27	29 1:24:01	1:28	27 1:03:19	3:02:20
30	178	ANDREW MCKEAVENEY	26 33:28	1:53	30 1:24:46	1:58	31 1:06:53	3:09:00
31	182	FRANK OSTOJA	28 36:47	4:30	31 1:26:24	1:46	30 1:06:05	3:15:35

CGT Championship 2014

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Male 35 to 39

Place			-----	Swim	-----	Trans 1	-----	Bike	-----	Trans 2	-----	Run	-----	Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>
1	7	TIAAN ROSSOUW	1	25:00		0:26		1:01:32		0:40		40:49		2:08:29
2	11	JACOV LALOU	6	26:09		0:34		1:03:43		0:48		39:38		2:10:53
3	26	DANIE MARE	8	27:40		0:47		1:04:26		0:59		43:34		2:17:27
4	28	CLARENCE BOTHA	12	29:56		1:30		1:07:19		0:47		38:43		2:18:16
5	36	JOSE LECHUGA	4	25:49		1:30		1:16:03		1:55		35:11		2:20:31
6	51	MARCO VERSFELD	3	25:41		0:38		1:10:33		0:52		47:26		2:25:11
7	60	PIERRE DU BUISSON	7	27:20		0:58		1:09:19		1:03		48:21		2:27:03
8	86	NICOLAAS BADENHORST	10	28:43		1:51		1:12:24		2:09		48:52		2:34:01
9	102	HANNES WESSELS	16	36:32		1:11		1:07:07		1:34		52:33		2:38:58
10	103	QUINTON REYNOLDS	5	25:52		1:46		1:19:23		1:10		51:06		2:39:19
11	113	MATTHEW MORGAN	13	30:48		1:53		1:11:55		1:19		55:59		2:41:56
12	131	MARK DAVIES	9	27:52		2:02		1:18:51		2:20		55:18		2:46:25
13	149	STEVEN GIURICICH	11	29:42		3:04		1:16:15		1:54		1:02:23		2:53:21
14	155	MICHAEL LAMERS	15	32:40		4:36		1:18:01		2:47		58:08		2:56:16
15	177	RAYMOND DAVID	17	37:15		3:52		1:24:39		1:42		59:26		3:06:57
DNF	DNF	JOHAN DORFLING	14	31:47		1:48		1:11:34		1:53				
DQ	DQ	JOHANNES STEYN	2	25:14		1:10		1:06:53		0:59		DQ	45:29	2:19:47

Male 40 to 44

Place			-----	Swim	-----	Trans 1	-----	Bike	-----	Trans 2	-----	Run	-----	Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>		<u>Time</u>
1	13	JOHANN TERBLANCHE	1	19:57		1:01		1:04:44		1:02		45:50		2:12:37
2	14	NICHOLAS STEPHENSON	3	23:21		0:27		1:04:39		0:40		43:34		2:12:43
3	20	FRANK DEL CASTELLO	2	19:58		1:04		1:05:59		1:03		47:15		2:15:21
4	34	RAMI SASSEN	8	26:25		1:25		1:06:28		0:42		45:14		2:20:15

CGT Championship 2014

Age Group Results

Olympic Event

Race Date
February 09, 2014

Male 40 to 44

Place			Swim	Trans 1	Bike	Trans 2	Run	Total	
Place	Overall	Name	Rnk	Time	Rnk	Time	Rnk	Time	Time
5	44	JULIAN DOVEY	4	23:38	11	1:11:42	4	45:22	2:23:02
6	61	ABRAHAM MATTHYS SMIT	13	29:54	7	1:08:59	8	46:32	2:27:23
7	63	BERNHARD WESTRA	10	29:21	4	1:05:29	11	50:18	2:28:07
8	67	HENDRIK JACOBUS FOURIE	18	34:45	8	1:09:00	1	43:19	2:28:34
9	68	CHRISTOPHER	5	25:51	12	1:11:57	10	48:16	2:28:34
10	77	RICHARD ADAMS	7	26:18	9	1:10:01	12	52:24	2:31:13
11	105	STEPHEN BULLOCK	12	29:53	10	1:10:59	16	56:11	2:39:48
12	107	JACOBUS FOURIE	6	26:05	14	1:15:15	17	56:12	2:40:44
13	108	COSTA CARASTAVRAKIS	15	32:43	19	1:19:34	7	46:06	2:40:50
14	109	OLIVER RUHL	14	31:08	18	1:19:16	5	45:34	2:40:52
15	132	ANDREW MICHAEL SMITH	9	28:45	17	1:19:07	13	54:29	2:46:48
16	142	WILLEM HERBST	19	36:27	15	1:16:09	14	55:16	2:51:11
17	143	MORNE LOMBARD	20	36:43	13	1:15:12	15	55:27	2:52:00
18	162	CHRIS SLATER-JONES	16	33:30	20	1:21:34	18	58:28	2:59:02
19	179	KOBUS VAN VUUREN	17	34:30	16	1:18:02	20	1:12:21	3:09:21
20	184	CAS JANSE VAN	21	37:26	21	1:25:38	19	1:10:04	3:19:22
DQ	DQ	BARNARD IZAK CH STEYN	11	29:46	1	1:04:31	DQ	48:50	2:24:42

Male 45 to 49

Place			Swim	Trans 1	Bike	Trans 2	Run	Total	
Place	Overall	Name	Rnk	Time	Rnk	Time	Rnk	Time	Time
1	16	CRAIG MURCHIE	4	26:29	2	1:03:32	1	42:14	2:13:39
2	18	DANIE DE GOEDE	1	23:14	3	1:03:55	8	46:37	2:15:17
3	37	GERT ZWARTS	7	27:54	7	1:06:21	3	44:41	2:20:33
4	40	WILHELMUS JACOB	20	35:11	1	59:53	2	43:43	2:21:09

CGT Championship 2014

Age Group Results**Olympic Event**Race Date

February 09, 2014

Male 45 to 49

Place			Swim		Trans 1	Bike		Trans 2	Run		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
5	42	CHRIS VOSLOO	3	26:16	0:47	8	1:08:05	1:02	4	45:56	2:22:09
6	53	JONATHAN VAN WYK	6	26:49	1:19	4	1:04:39	1:08	11	51:22	2:25:18
7	54	DEON VAN DEN BERG	8	28:04	0:58	10	1:09:04	1:24	5	46:17	2:25:48
8	55	DARRYL FRITTELLI	9	28:31	1:08	9	1:08:30	1:16	6	46:26	2:25:52
9	59	MARIUS GARBERS	15	32:58	1:06	5	1:04:56	1:15	7	46:29	2:26:46
10	90	SIMON SMITH	10	28:32	1:05	13	1:14:16	0:56	10	50:07	2:34:57
11	97	MARCELLO GNUDI	17	34:30	1:49	11	1:10:22	1:22	9	49:37	2:37:41
12	110	JOHAN VAN DER MERWE	5	26:48	1:45	12	1:11:00	1:47	19	59:45	2:41:07
13	121	TERTIUS WESSELS	14	32:00	1:01	15	1:14:58	1:39	13	53:52	2:43:32
14	125	ROY BRENNON	21	36:46	2:27	6	1:05:54	1:36	18	57:42	2:44:28
15	129	MARTYN BARNES	11	30:03	1:49	16	1:15:13	2:16	16	56:14	2:45:36
16	141	MILAN DANIZ	19	34:44	1:24	17	1:16:42	1:44	15	56:04	2:50:41
17	150	JUERGEN DRESEL	2	24:57	1:52	14	1:14:40	2:01	22	1:10:33	2:54:05
18	156	STEPHEN NEFDT	18	34:33	1:22	20	1:22:30	1:16	17	56:50	2:56:32
19	157	PETER WONACOTT	16	33:37	2:51	21	1:22:57	2:09	14	55:41	2:57:17
20	159	MATTHYS HEYNS	13	31:26	1:47	18	1:21:51	1:58	20	1:01:21	2:58:24
21	171	LEON DANIEL VREY	12	30:53	2:56	19	1:21:56	2:14	21	1:06:14	3:04:15
22	174	ANANT MORAR	22	37:42	3:01	22	1:31:07	1:39	12	52:03	3:05:35

Male 50 to 54

Place			Swim		Trans 1	Bike		Trans 2	Run		Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	30	LAURENCE WRENSCH	3	26:53	1:09	2	1:05:27	0:51	2	45:02	2:19:24
2	50	FRANCOIS EMSLIE	1	25:44	0:37	4	1:09:01	0:42	7	49:02	2:25:07
3	52	WILLEM GERMISHUYS	9	32:02	0:55	1	1:05:26	1:20	3	45:30	2:25:16

Race Date
February 09, 2014

CGT Championship 2014

Age Group Results

Olympic Event

Male 50 to 54

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
4	57	ERIC MEYERS	5	28:29	1:09	5	1:10:02	0:54	4	45:52	2:26:28
5	58	DRAZEN MILOS	8	29:45	0:32	3	1:08:34	0:52	6	47:00	2:26:45
6	74	MICHAEL SUMMERS	2	25:51	1:18	12	1:16:04	0:49	5	46:37	2:30:42
7	80	ANDY SEARLE	6	29:25	0:55	6	1:11:32	0:48	8	49:42	2:32:25
8	91	NADIRSHAH KHAN	11	34:51	1:42	8	1:12:49	1:08	1	44:33	2:35:04
9	98	BRIAN PIVO	10	32:27	0:48	7	1:11:37	1:19	12	51:40	2:37:54
10	114	FREDERICK HAMMAN	13	35:11	1:01	9	1:12:59	1:38	10	51:16	2:42:07
11	117	CHRIS VAN DER WALT	7	29:37	1:37	10	1:13:23	1:34	14	56:14	2:42:27
12	123	MICHAEL HERBST	4	27:05	1:40	11	1:15:12	1:54	15	57:51	2:43:43
13	144	GREGORY HILL	12	35:03	1:01	15	1:24:09	1:07	9	51:09	2:52:30
14	145	GERT MEIRING	14	35:24	2:31	13	1:18:34	1:38	13	54:27	2:52:36
15	172	GREGORY PIENAAR	15	40:41	2:53	14	1:20:33	1:53	16	58:44	3:04:45
16	173	NORMAN BANKS	16	42:27	2:39	16	1:26:35	2:12	11	51:40	3:05:34

Male 55 to 59

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Time</u>
1	21	CHARLES NAUDE	2	27:49	1:02	1	1:00:27	0:52	1	45:43	2:15:54
2	92	JOHAN FERREIRA	3	28:07	1:11	3	1:14:00	1:15	2	50:46	2:35:21
3	128	MICHAEL KLOSTERMANN	1	26:36	1:19	5	1:15:47	1:35	6	1:00:06	2:45:26
4	138	OCKIE VERMEULEN	6	37:04	2:26	4	1:14:10	1:34	3	53:51	2:49:07
5	154	RAYMOND LEDERLE	5	34:26	2:49	2	1:13:46	1:52	7	1:03:12	2:56:06
6	166	GREG KIETZMANN	4	33:15	2:37	6	1:24:39	1:46	5	59:33	3:01:51
7	170	RUSS DODDING	7	39:53	2:23	7	1:24:55	2:02	4	54:33	3:03:49

Race Date
February 09, 2014

CGT Championship 2014
Age Group Results
Olympic Event

Male 60 to 64

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Swim</u> <u>Time</u>	<u>Trans 1</u> <u>Time</u>	<u>Rnk</u>	<u>Bike</u> <u>Time</u>	<u>Trans 2</u> <u>Time</u>	<u>Rnk</u>	<u>Run</u> <u>Time</u>	<u>Total</u> <u>Time</u>
1	140	GRANT DOUBELL	1	28:38	1:19	1	1:12:34	1:33	1	1:06:28	2:50:35
2	180	FRANCOIS JACOBUS LOTTER	2	38:36	1:36	2	1:18:43	1:45	2	1:08:42	3:09:24